

# 5 WAYS TO SURVIVE PUPPY TEETHING

Simple moves you can start this afternoon, so **your shoes and your sanity survive.**



Your puppy is not being bad, and you are not failing. Teething means sore gums, and chewing is how puppies get relief. Here are five things that work, starting right now.

**Soothe the gums and give better options, and your belongings will survive the phase.**

1

## Puppy-proof the house

The instant paws leave the floor, go still and boring. No eye contact, no talking, no touching. Turn away. The second all four paws are back down, your attention returns.

2

## Stock the right chews

Offer a variety of safe puppy chew textures and keep them within reach in every room, so a good option is always close.

3

## Cool the sore gums

Give chilled or frozen chew toys, a frozen wet washcloth, or a frozen carrot. The cold numbs the ache and gives real relief.

4

## Redirect every wrong chew

The instant your puppy grabs a shoe or the couch, calmly swap it for an approved chew and praise them for taking it. Never punish, redirect.

5

## Manage when you cannot watch

Use a crate or pen with a safe chew whenever you cannot supervise. A puppy who cannot reach your things cannot chew them.



### NEVER DO THIS

Never give old shoes or socks as toys, use hard chews like cooked bones, antlers, or hooves that can crack teeth, offer sticks that splinter, or use human toothpaste (it can be toxic). Redirect, do not punish.

## Want the full day-by-day plan?

Get Surviving Teething in 14 Days: The complete step-by-step guide from All Stage Canine Development. Need hands-on help? We offer early puppy development, obedience, and behavior modification across the greater Sacramento area.

Call Today! **916-838-3838** or send us a message: [Allstagecaninedevelopment@gmail.com](mailto:Allstagecaninedevelopment@gmail.com)

**14**

DAY PLAN