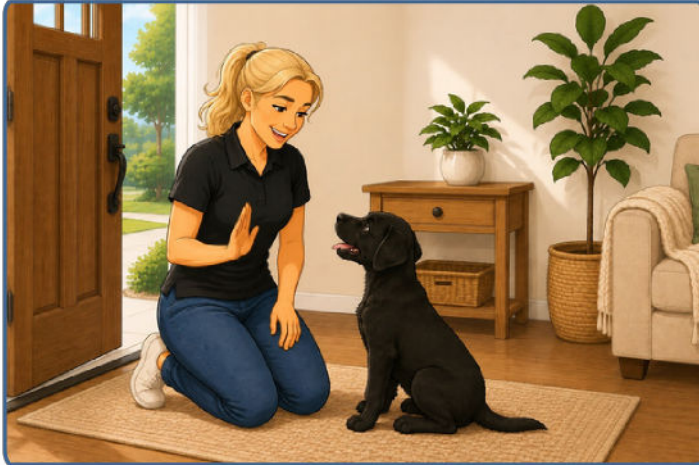




FREE QUICK-START GUIDE

5 WAYS TO STOP PUPPY JUMPING TODAY

Simple moves you can start this afternoon, so **hellos are calm again**



Your puppy is not being bad and you are not failing. Dogs jump to reach your face and get your attention, and every reaction feeds it. Here are five things that work, starting right now. **Do them consistently and four paws stay on the floor.**

1

Take away the reward

The instant paws leave the floor, go still and boring. No eye contact, no talking, no touching. Turn away. The second all four paws are back down, your attention returns.

2

Teach "sit to say hello"

Ask for a sit and reward it with calm attention and a treat. A sitting puppy cannot jump, so you are handing them a better way to greet you.

3

Keep your own energy low

Greet quietly and calmly. Deliver the treat down by their front paws, not up high, so you are not pulling the puppy upward.

4

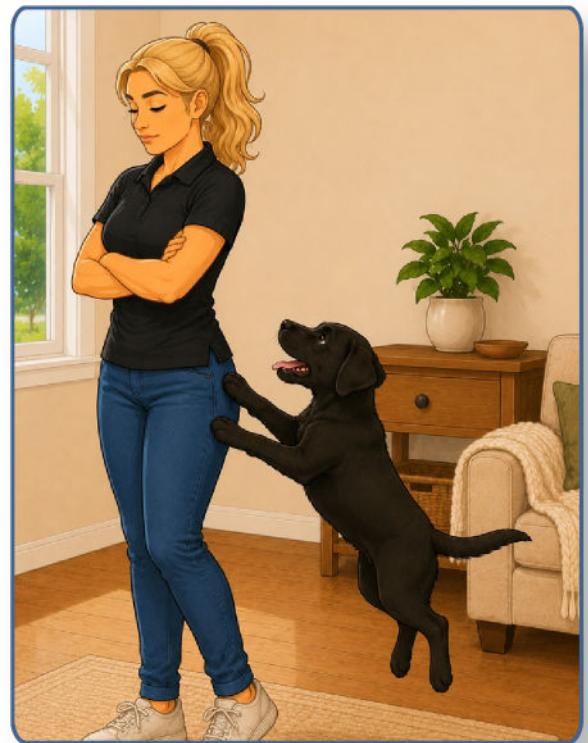
Manage the door

When guests arrive, use a leash, a gate, or a mat so your puppy physically cannot practice jumping on people. Every jump that does not happen is a habit that does not build.

5

Reward the calm

Do not wait for the jump. When your puppy keeps four paws down or offers a sit near a person, praise and treat right then.



NEVER DO THIS

- Don't push the dog or speak. This will be seen as a reward.
- Don't knee, yell, hit, kick, or physically punish as it can create fear or defensive behavior.

Want the full day-by-day plan?

Get **A House-Trained Puppy in 14 Days**: the complete step-by-step guide from All Stage Canine Development. Need hands-on help? We offer early puppy development, obedience, and behavior modification across the greater Sacramento area.

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DAY PLAN